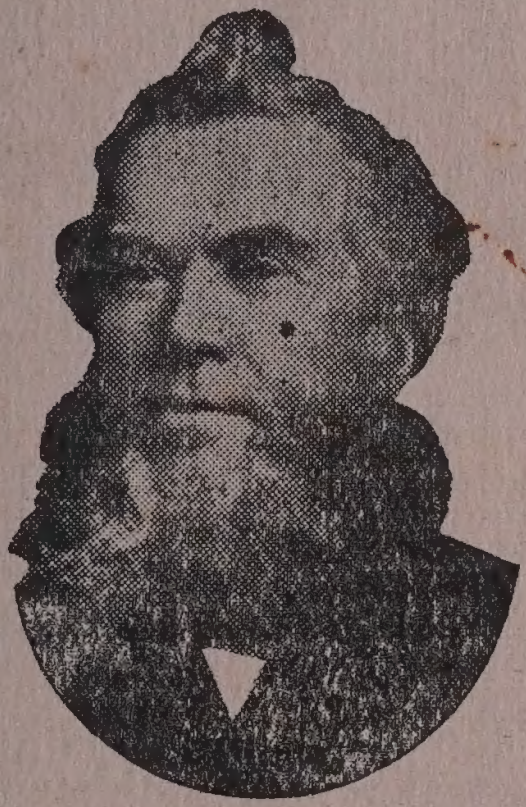
No. 2.

RECIPES
AND
HOME HINTS

Established
1848.



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PUBLISHED BY

PARKINSONS
(OF PILL FAME)
BURNLEY.

KILL THAT COUGH!

PARKINSONS'

KILKOF

FOR

Coughs, Colds,
Bronchitis,
Sore Throats, Catarrh,
Etc., Etc.

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PRICE 1/3 PER BOTTLE,

From all Shops holding a Medicine License.

KEEP A BOTTLE HANDY.

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RECIPES AND HOME HINTS.

PARKINSONS

who claim to have the largest sale of

SUGAR-COATED PILLS

in the world, have pleasure in presenting this booklet in the hope that it will serve the same useful purpose in the household, as their pure preparations have served the public for 80 years.

PURE PREPARATIONS

sold by PARKINSONS are made by modern machinery under the most hygenic conditions, and under the expert supervision of fully qualified chemists, therefore the public can have every confidence that they will receive the highest possible value for their money, and goods of consistent quality and reliability by insisting on having only those which are made by

PARKINSONS.

Parkinsons' "Tueg" Poultry Spice

Lemonade Crystals.
Lemon Kali.
Raspberry Crystals.
Red Bottle or Whitworth Bottle. 6d. bottles.
Tooth Essence. 2d. bottles.
Salts, Senna and Sarsaparilla. 1½d. packets.
Bicarbonate of Soda, ½d., 1d. and 2d. packets.
Boracic Acid. 1d. and 2d. drums.
Borax. 1d. packets, 3d. boxes.
Camomile Flowers. 1d. and 2d. packets.
Cochineal. 3d. bottles.
Cocoanut Oil. 1½d. tins.
Cream of Tartar. 1d. packets.
Epsom Salts, ½d., 1d. and 2d. packets.
ESSENCES. Flavouring :—

Almond. 2d., 4½d., and 10½d. bottles.
Ginger. 9d. bottles.
Lemon. 2d. 4½d., and 10½d. bottles.
Peppermint. 8d. and 1/6 bottles.
Vanilla. 2d., 4½d., 10½d., bottles. And all other flavours.

Foot Paste. 2d. tins.
Glycerine. Double distilled. 2d., 6d., and 1/- bottles.
Glycerine and Rosewater. 2d., 3d., and 4½d. bottles.
Gregory Powder. 1½d. drums.
Gum. 2d. bottles.
HONEY. Best Household. Large and small jars.
Ink. Black, blue and red 1½d. and 3d. bottles.
Insect Powder. 1½d. and 3d. boxes. Beetle Powder.

Parkinsons' E.Z. Powders for Headache

Ipecacuanha Wine. 7d. bottles.
Lanoline. 2d. boxes.
Magic Washer. 1½d. tablets.
PETROLEUM MEDICINAL. 9d. bottles.
Parrish's Chemical Food. 9d. and 1/4 bottles.
Sky Blue. ½d. and 1d.
PARKINSONS' "P-SIT" HANDY ADHESIVE. In 1½d. and 3d. tubes.
Flycatchers.
Herbs (Medicinal and Culinary).

SUNDRIES.

Pepper. 1½d. and 2d. drums.
Permangate of Potash. 2d. drums.
PETROJEL. (Petroleum Jelly) 1d. tins; 4½ jars.
Pickling Spice. 1½d. boxes.
Quinine and Iron Tonic. 6d. and 1/1½ bottles.
Rochelle Salts. 2d. drums.
Saffron. 1½d. packets.
Salts of Lemon. 2d. drums.
Mixed Bird Seed. 2d. packets.
Senna Leaves. 1d. and 1½d. packets.
"Tueg" Poultry Spice.

SPICES.

Cinnamon. 2d. drums.
Ginger. 1½d. drums.
Mace. 3d. drums.
Nutmeg. 2d. drums.
Pudding Spice.
Sulphur Flowers. 1½d. drums.
Sulphur, Milk of. 1½d. drums.
Turkey Rhubarb Powder. 1½d. packets.

Parkinsons' Fever Cure 1/3 per bottle.

MINCEMEAT.

Two pounds of muscatel raisins, 2 lbs. of currants, 2½ lbs. of moist sugar, 1 lb. of suet, 1 lb. of mixed peel, 2½ lbs. of apples, a teaspoonful of mixed spice, grated rind and strained juice of 2 lemons, a saltspoonful of salt. Core and chop the apples very finely; chop the raisins and the suet, shred the peel, and mix all the ingredients, and pack in jars; cover tightly till required for use.

SCONES.

½ lb. of flour, 3½ ozs. of butter and lard, 2½ ozs. sugar, 2 ozs. currants, 1 teaspoonful cream of tartar, ½ teaspoonful carbonate of soda, 1 egg, a little milk, a pinch of salt. Method.—Rub in the fat, add dry ingredients, and lastly the egg and milk.

COCOANUT CAKE.

3 eggs, their weight in butter, sugar and flour, 3 ozs. cocoanut, and ½ teaspoonful of Parkinsons' Baking Powder. Method.—Cream butter and sugar, add eggs and flour alternately and beat well, add cocoanut and baking powder and bake in a greased tin for about an hour.

FRUIT LOAF.

1 lb. flour, ½ lb. butter or margarine, ½ lb. sugar, ½ lb. currants, 2 eggs, ½ oz. baking powder, ½ lb. candied peel, ¼ lb. ground almonds, cream the butter and sugar; add eggs, add fruit, then mix baking powder and flour together and add. Put in a greased tin and bake 1 hour in a slow oven.

RUSSIAN SANDWICH.

2 ozs. lard, 2 ozs. butter, ¼ lb. sugar; cream together, add 2 eggs, gradually, ½ lb. of patent flour, a few drops of lemon essence, mix together to a thick cream with milk. Bake half an hour in a moderate oven, top shelf. Filling for the sandwich: Vanilla cream, 3 ozs. butter, ¼ lb. icing sugar, ½ teaspoonful flour, a little vanilla essence; work with the hands to a thick cream with ½ teaspoonful hot water.

Parkinsons' Headache Powders.

SPICED BUN LOAF.

Break 2 eggs into a large basin, put 4 ozs. of butter with 2 ozs. lard in a small basin in a warm place, when melted mix in ½ lb. of sugar. Take ½ lb. sultana raisins 2 ozs. well cleaned currants, 1 oz. candied peel, cut very fine, with half a teaspoonful of cinnamon. Put all into the egg with 2 lbs. of yeast dough; knead well till thoroughly mixed then put into a greased loaf tin cover with a cloth and let stand for 1 hour Bake in a slow oven. This is enough in quantity to make two small loaves.

GINGERBREADS.

¼lb. butter, ¼ lb. sugar, ½ lb. flour, ginger to taste, 2 teaspoonfuls syrup. Melt butter and syrup, mix dry ingredients and mix all together; roll out thin and bake in a moderate oven.

GINGER SNAPS.

1 lb. flour, ½ lb. sugar, ½ lb. syrup, 3 ozs. butter, 3 ozs. lard, 1 teaspoonful ginger, ½ teaspoonful salt, 1 teaspoonful bicarbonate of solda, 1 teaspoonful Parkinsons' Baking Powder. Mix with a little milk; roll out and cut with a cutter.

POTATO SCONES.

½lb. mashed potatoes, ½ lb. flour, a pinch of salt, ½ teaspoonful Parkinsons' Burnley Baking Powder. Milk to a stiff paste, 1 table spoonful of dripping. Method.—Roll out about ¼ inch thick, fry first cake in a little dripping, the others will do without. Butter, and serve in a pile, hot.

SHORTBREAD.

1 lb. flour, 9 ozs. margarine, 1 yolk of egg, 5ozs. sugar and a little vanilla essence. Method.—Put all ingredients into a bowl and knead well until the margarine absorbs the flour. Do not use any other moisture. Make into 2 round flat cakes, pinch round the edges, decorate with peel and bake very slowly for ½ an hour.

SLAB CAKE.

1 lb. flour, ¾ lb. butter, ¾ lbs. sugar, 6 eggs, 7 ozs. currants, 7 ozs. raisins, ¼ lb. candied peel, 2 ozs. cherries; to be creamed.

QUAKER OAT BISCUITS.

6 tablespoonfuls of flour, 4 tablespoonfuls of Quaker Oats, pinch of salt, 1 teaspoonful of Parkinsons' Baking Powder, a little lard and butter, 3 or 4 tablespoonfuls of sugar, 1 egg, a little milk, pinch of carbonate of soda; make like pastry.

CREAM BUNS.

6 ozs. sugar, 4 ozs. butter and eggs, ½ lb. flour, ½ oz. Parkinsons' Baking Powder, ½ gill milk; to make 12 buns. Cream butter and sugar together.

COCOANUT CAKES.

6 ozs. flour, 1 teaspoonful Parkinsons' Baking Powder, 2 ozs. grated cocoanut, 2 ozs. sugar, 3 ozs. margarine, 1 egg. Beat the margarine and sugar to a cream, add 1 egg well beaten; stir in the grated cocoanut, then flour, and baking powder. Bake in one large cake.

SHREWSBURY BISCUITS.

Cream 4 ozs. margarine, add 1 egg, 6 ozs. flour, 4 ozs. sugar, 1 pinch of Parkinsons' Baking Powder; mix well together without moisture, roll out thin and bake 10 minutes in a slow oven.

COCOANUT MACAROONS.

3 eggs, ½ lb. dessicated cocoanut, ½ lb. sugar. Method.—Beat eggs till very light, add sugar and cocoanut very gradually, beating quickly. If not stiff enough add a little flour. Bake in a moderate oven on rice paper about the size of a walnut well apart from each other.

HOME-MADE GINGER BEER.

This is a recipe for home-made Ginger-Beer: Add 1½lbs. of sugar, 1 oz. whole ginger, ½ oz. tartaric acid, 2 sliced lemons, and 1 oz. of yeast to 2 gallons of boiling water. Stir well and leave overnight. Strain and bottle next day. Cork tightly, and if intended to be kept for some time, secure by a piece of string passed over the cork and around the neck of the bottle. It can be drunk two or three days after making.

Parkinsons' Natural Liver Salt

HOME HINTS.

A DAMP SALT CURE.

During the damp weather it is often difficult to keep the salt dry in salt cellars. By putting a small piece of clean blotting paper at the bottom of the salt cellars before filling with salt, it keeps it dry by absorbing the moisture.

DIRTY PATCHES ON CEILINGS.

Ceilings that have become blackened in places from lamps and gas should be treated in this way: Wash over the patches with some fairly thick cold-water starch, and leave till quite dry; then rub with a soft duster, and the black will disappear.

Parkinsons' KILKOF Parkinsons'

AN ELIXIR FOR FLOWERS.

To make cut flowers in water last longer, put a few grains of Permanganate of Potash in the water. The flowers keep fresh for several days longer than if put into plain water.

AND ANOTHER.

If an aspirin tablet is dissolved in the water in which cut flowers are placed, the life of the flowers will be considerably lengthened.

THE CRICKET ON THE HEARTH.

Ammonia is a good remedy for crickets. Pour a little down where you hear the cricket chirping, and repeat until effective.

"Keeps you as Fit as a Fiddle"

Head Powders from Parkinsons

IF YOU WEAR GLASSES.

People who wear glasses are often troubled by the mist that collects on them when they are travelling by motor. This is due to the condensation of moisture from the air, and it is always likely to happen near the sea. The trouble may be entirely prevented if, before starting out for the day, the glasses are rubbed with a little glycerine applied with a soft cloth.

A NEW USE FOR CREAM CARTONS.

The grease-proof cardboard containers in which cream is sold are often thrown away; but these, when washed, make splendid picnic-cups, and for children's use they are excellent, being light and unbreakable. Both the lids and the cartons can be used for baking little cakes, the cartons being cut down to the desired size. They do not require greasing.

The Safe Remedy

At all Times

THE BEST LUBRICANT FOR PRAM WHEELS.

Ordinary cycle lubricating oil is unsuitable for pram wheels not provided with ball bearings, and if employed has to be used every week to prevent squeaking. Remove the screw cap nut on each wheel and fill it with Petrojel, then screw on again. This forces the Petrojel right along the hub, and efficiently lubricates the wheel for at least six months.

CANDLES AS NIGHT-LIGHTS.

Allow a candle to burn quite level, then sprinkle salt thickly all round the wick. The light will go down to a glimmer, just like a night-light, and will burn on steadily for eight or ten hours.

TO GET RID OF ANTS.

Flowers of sulphur sprinkled on shelves or in cupboards where ants are troublesome will get rid of them.

Syrup of Figs from Parkinsons

Parkinsons' Perfect Pills

A NEW WAY OF COOKING PEAS.

Place a few outside leaves of lettuce at the bottom of the saucepan, sprinkle with salt, put in the peas, and shut the lid tightly. Add no water, as the lettuce provides plenty. Simmer gently till cooked, and before serving place a piece of butter on the peas. Serve very hot. This way of cooking peas is much nicer than boiling, and it preserves all the nutriment.

A SUBSTITUTE FOR WHIPPED CREAM.

Add a sliced banana to the white of an egg, and beat until stiff. The banana will entirely disappear, and you will have a delicious substitute for whipped Cream.

A GOOD WAY TO POACH EGGS.

Put a small piece of butter into a cup, stand this in a little boiling water in a saucepan, break the egg into it, and steam for about seven or eight minutes. This is much the nicest way of poaching an egg, and no water touches it.

TO KEEP MEAT FRESH IN THE HOTTEST WEATHER.

Meat should always be taken in hand immediately it is received, especially that which is bought on Saturday, but destined for Sunday's cooking. If washed over with weak vinegar and water, and then spread over with small pieces of raw onion, it will keep perfectly fresh in the hottest weather. Before cooking, remove the pieces of onion and rinse the meat in clear water, so that no trace of onion remains.

A WAY WITH KIPPERS.

If you put kippers into an earthenware pan, pour boiling water over them, cover them with a plate, and leave them for five or ten minutes, they will be cooked perfectly. They also swell a little and seem more substantial than when cooked in a frying pan.

WHEN STONING RAISINS.

This work is done more rapidly and agreeably if boiling water is poured over them and left for a minute or two before being drained off. The seeds are then very easily and cleanly removed.

A Safe Remedy for all Stomch Complaints

NO MORE BURNT PUDDINGS.

When baking a milk pudding or custard, etc., place the dish in a tin of water in the oven, and cook this way. It prevents puddings from burning or boiling over.

A SUBSTITUTE FOR HORSERADISH.

Scrape a white turnip finely, mix it with a little made mustard to taste, add vinegar, and you have a splendid substitute for horseradish. The mixture can also be made into a hot sauce exactly the same as for horse-radish.

THE TEST FOR MILK.

Suspicion is sometimes aroused as to the purity of milk. It can easily be proved by the following simple method : Dip a clean needle into the milk. If pure, the milk should adhere; if diluted, the needle will come out quite clean.

A HINT ABOUT POTATOES.

To prevent potatoes from turning black in cooking, as some tend to do at certain times of the year, put a dessertspoonful of vinegar in the water in which they are to be boiled.

WHEN ANTS COME.

Those of us who live in the country are often troubled by tiny black ants that come into cupboards and on larder shelves. If powdered borax is sprinkled over the spot they disappear entirely in a few hours.

ONIONS.

When using onions—boiled, fried, or cooked in any other way—put them, after peeling, in a bowl with a thimble full of household soda and cover with boiling water. Leave them for a minute and then use them as desired. This method enables anyone to eat onions without any disagreeable after-effects.

TO KEEP CHEESE FROM MILDEW .

Here is an excellent way to keep cheese from mildew when put in a dish. Simply place a lump of sugar on the cheese. The sugar will absorb all moisture and keep the cheese fresh.

Parkinsons' Perfect Pills.

THREE USES FOR BICARBONATE OF SODA.

(1) A pinch stirred into each pint of milk will keep it fresh and sweet, even in hot weather. (2) If a little is sprinkled on fruit when stewing or in tarts, less sugar is required. (3) A little added when boiling beetroots keeps them a nice red colour.

SOME USES FOR VINEGAR.

A burnt enamel saucepan is easily cleaned with vinegar and bathbrick. Vinegar and water will cleanse a slimy sponge. Vinegar put into blacklead, instead of water, will give a brilliant polish to a grate. If new coloured blouses are placed in water to which a tablespoonful of vinegar has been added, and allowed to remain an hour, the colour will not run when they are washed.

A TIME-SAVER.

Instead of chopping or grating suet in the usual way, try this plan : Take all skin from the suet and sprinkle the pastry board thickly with flour; then roll the suet with the rolling-pin until it is flat. Take it up in floured hands, and it will come apart in small pieces.

ABOUT STICK-ON LABELS.

If you find that some stick-on labels have stuck together, do not throw them away, but place a warm iron on them, and the heat will make them separate very easily.

TO COOK RHUBARB.

Before cooking rhubarb cut it up and soak it for half an hour in cold water to which a pinch of bicarbonate of soda has been added. The water will turn black. Throw it away, then cook in the ordinary manner. Less sugar will be needed, and the acidity, will have been reduced.

GREASE SPOTS.

The best way to remove grease spots from light delicate materials is by using oil of eucalyptus. Put a small quantity on a piece of cotton-wool and gently dab the grease spot; then lay the garment aside to dry, when it will be found that the spot has disappeared. If very much marked, a second application may be necessary.

Blood and Stomach Pills made by Parkinsons

TO REMOVE PERSPIRATION MARKS FROM SILK.

This is an awkward problem, but it can be got over by putting the affected part into a solution of methylated spirit and ammonia. Afterwards wash well in the manner correct for silk.

GREASE SPOTS ON SILK.

To remove grease on silk fabrics, take a lump of magnesia and rub it wet on the spot. Let it dry, then brush it off, and the spot will have gone.

STAINS ON TABLE LINEN.

If a damask tablecloth is splashed with gravy or fruit, and a little French Chalk rubbed in at once, left for a few minutes, and then brushed off, the mark will have disappeared.

HOW TO KEEP THE BATH SPOTLESS.

Who does not know the bath with the greasy deposit left by hard water. To clean this off, nothing is better, nor quicker, than a cloth dipped in paraffin. All that is needed afterwards is to dry rub and the bath is beautifully clean and polished. The smell quickly disappears.

TO REMOVE IODINE STAINS.

If tincture of iodine stains white material, the stain can be removed if it is at once soaked in methylated spirit and then washed in warm soap and water

OR THIS—

Rub with a freshly cut lemon; it acts like magic.

FOR TORTOISESHELL AND SILVER HAIR BRUSHES.

The bristles of tortoiseshell and silver-backed hair brushes may be cleaned by rubbing them with flour that has been slightly warmed. This removes all grease.

INK STAINS.

To remove ink stain from white articles—linen, calico, etc.—cover the mark well, before washing, with mixed mustard, allowing it to soak in. Then wash and boil in the usual way, and all traces of the ink will have disappeared.

Indian Bark, Composition Essence and all

FOR TIGHT-FITTING STOPPERS AND TINS.

Difficulty is often experienced in loosening the stoppers of sauce bottles, etc. But the trouble can be overcome in this way : Hold the bottle firmly in the right hand and insert the stoppered end in the hinge side of the kitchen door (previously opened). Then gently close the door on the stopper, thus using the door as a vice. A slight turn will loosen the stopper instantly. The same simple method may be applied to screw-top tins, saving much time and temper.

TO REMOVE BLOOD STAINS.

Mix a little starch to a paste and spread it on the stains. Leave for a few hours, then wash, and the stains will come out quite easily.

PEARL NECKLACES.

To clean a pearl necklace, submerge it in a small tin of powdered magnesia, leave for a night, and gently brush the powder off in the morning.

LAUNDRY HINTS.

If you add a teaspoonful of glycerine to the starch when making it, the iron will not stick. Wash table linen in cold water and then in hot.

HOW TO WASH HAIR BRUSHES.

Before washing ebony or other polished wood hair brushes, etc., rub the backs and handles with Petrojel. This protects the polish and prevents that dull, whitened appearance which is otherwise caused by hot water and soap. When the brushes are quite dry, polish off the grease with a soft duster. The wood will then look as bright and glossy as when new.

WASP STINGS.

When wasps are about, they get into jam and other sweet things on the table. If in this way you should get stung on the lips or tongue, rub a cut onion on the spot. It will ease the pain and cause the swelling to go down immediately.

Parkinsons the original makers of Sugar Coated Pills

FOR CHILBLAINS.

Take equal parts of Eau-de-Cologne and glycerine and mix thoroughly together in a small bottle. Rub a little into the hands or feet each night. If used in time, this will prevent chilblains. Keep the bottle well corked.

WHEN PAINTING WINDOW FRAMES.

A strip of thin cardboard laid flat on the window pane and held close up to the frame will avoid getting the paint on the glass. This method is also applicable when staining a floor surround, the cardboard being held flat against the skirting.

THE MUSTARD PLASTER.

A mustard plaster can remain on for a longer period, and the skin will not blister, if the mustard is mixed with white of egg instead of water.

The safe remedy for Headache, EASE E Z HEAD Rheumatism, Influenza, &c.

AN EASY WAY TO SWALLOW PILLS.

Many people experience difficulty in swallowing pills, tabloids, or cachets. Place the pill under the togue and do not think about it, then take a big drink of water, and it is quite easy to swallow.

A NEW KNOB FOR A KETTLE LID.

If the knob comes off your kettle lid, causing scalded fingers when lifting it, insert an ordinary screw in the hole, head downwards, and twist a small cork on to the thread of the screw. This makes an efficient knob that never gets hot.

Parkinsons the original makers of Sugar Coated Pills

Parkinsons' Burnley Baking Powder

A DOOR STOP.

Take an empty cotton reel and cover it neatly with cloth to match the carpet or surround. Pass a long brass-headed nail through the hole, and fasten it to the floor about 4 or 5 inches from the wall behind the door. This will prevent the handle of the door injuring the wall.

A PREVENTIVE AGAINST MISUSE OF POISONS.

To avoid accidents and unfortunate happenings, all bottles containing anything poisonous should be distinctly marked, and it is an excellent plan to tie round the neck of any such bottle a small bell (such as is used on children's reins, or put round a cat's neck), so that when reaching a bottle in the dark or in a hurry, the bell tinkles and denotes danger.

YOUR SAFEGUARD IS KILKOF PROTECTS YOU AGAINST INFECTION

LIQUID PETROLEUM.

Many people find it difficult to take Medicinal Petroleum, because of its oily nature. If a dessertspoonful is taken in half a wineglassful of cold water, the oil will slip down the throat on the top of the water, leaving no oily taste in the month.

A USE FOR TEA LEAVES.

Save spent tea leaves for a few days. Steep or soak them in a pan for about an hour, then strain them through a sieve, and use the liquor for cleaning varnished wood of any kind. Tea is a strong cleanser, and will make wood look like new; it can be used also on oilcloth, window panes and mirrors.

"Makes your pastry so light"

Parkinsons' KILKOF Lozenges

PILLS, In 1d., 3d., and 1/- boxes.

BLOOD AND STOMACH PILLS—the most popular with all classes.

HEAD AND STOMACH PILLS, BACK AND KIDNEY PILLS, COMPOUND CASTOR OIL PILLS.

In 1d. and 3d. boxes.

Head Pills, Bile Pills, Steel and Pennyroyal Pills, Hiera Picra Pills, Bronchial Pills, Liver Pills, Pink Pils, Dandelion Pills, Nerve Pills, Tonic Strengthening Pills, Camomile Pills, Little Liver Pills, Rhubarb Pills, Digestive Pills, Quinine Pills, W. & W. Pills.

In 3d. boxes only.

Female Pills.

POWDERS (Medicinal). In 1d. packets.

Aspirin Head and Nerve Powders.

HEAD POWDERS.—Our sale for these is enormous and constantly increasing. They may be taken with perfect safety.

HEAD AND NERVE POWDERS.

HEAD POWDERS.—In tasteless cachets.

PENNY COOLING POWDERS.

In Silver Envelopes warranted to contain nothing injurious. These Powders are not laxative.

In Blue Envelopes, two powders in each envelope. These powders are slightly laxative.

In Yellow Envelopes, formerly called Fever Powders. These powders are slightly laxative.

HALF-PENNY COOLING POWDERS.—These Powders are slightly laxative.

SEIDLITZ POWDERS, B.P. Quality, 1½d. packets.—The constantly growing demand for our Seidlitz Powders is evidence of their popularity. Warranted full size and correct ingredients of the highest quality, packed by the latest and most accurate electrical machines for weighing each powder.

KILKOF in a handy form for the pocket

Head and Stomach Pills made by Parkinsons

Seidlitz Powders, Extra Strong, 1½d. packets.
Sweating Powders, 1d.
Tooth and Nerve Powders, 1d.
Foot Powders, 1d.
Quinine Powders (pure Sulphate), 2d. packets, each containing 3 doses.
Digestive Powders, 1½d.—Contain Pepsin and other aids to digestion.
Bismuthated Magnesia, 1½d. boxes, 6d. and 1/- bottles.
Carbonate of Magnesia (light), 1½d. packets.
Composition Powder, 1½d. packets and 2d. drums.
Liquorice Powder (Compound), 1d. packets and 2d. drums.
Aniseed Elixir.
BALSAM OF ANISEED.—An excellent Mixture. In 6d. and 11d. bottles.
Borax and Honey and in 3d. bottles.
Blood Mixture.
BOWEL MIXTURE. In 4d., 6d., and 8d. bottles.
Bronchial Mixture.
COMPOSITION ESSENCE. Superior quality, aromatic flavour. Also in 3d., 4½d. and 10½d. bottles.
COMPOSITION CORDIAL (Genuine).
Dill Water. Phenol Mixture.
FAMILY COOLING MIXTURE.
Friars' Balsam. Also in 4d. and 10d. bottles.
Godfrey Cordial.
Indian Bark.
INFANTS' PRESERVATIVE. A good old-fashioned preparation.
NITRE BALSAM (Compound). Also in 4½d. bottles.
NITRE SWEATING MIXTURE. Also in 4½d. bottles.
Raspberry Vinegar. Raspberry Vinegar and Olive Oil. Also in 4½d. and 10½d. bottles.
Saline Mixture.
SOOTHING SYRUP. Contains no opium.
Spirit of Camphor. Also in 9d. bottles.

Parkinsons' Shampoo Powders.

Parkinsons' Pine Tablets

SWEET NITRE BALSAM. Warranted genuine and the highest quality. Also in 8d. bottles.
Sweet Essence of Senna. Syrup of Aniseed.
Syrup of Buckthorn.
SYRUP OF FIGS. Also in 6d. and 1/- bottles.
Syrup of Garlic. Syrup of Marshmallow.
Syrup of Peppermint. Syrup of Red Poppies.
SYRUP OF RHUBARB AND CASTOR OIL. Also in 2d., 5d., and 1/- bottles.
Syrup of Senna. Syrup of Squills.
Syrup of Tolu.
Syrup of Violets.
SYRUP OF VIOLETS AND OIL OF ALMONDS. Also in 4½d. and 6d. bottles.
Tincture of Cayenne.
Tincture of Columba. Tincture of Gentian.
Tincture of Ginger.
Tincture of Iodine.
Tincture of Myrrh.
TINCTURE OF QUININE (Ammonated). Also in 8d. bottles.
TINCTURE OF RHUBARB. B.P. Warranted full strength. Also in 4½d. bottles. And all other Tinctures.

BALSAMS AND ELIXIRS.

Sold by weight. Also in small bottles.

ANISEED BALSAM. Also in 6d. and 11d. bottles.
CHEST AND LUNG ELIXIR. Also in 5d. and 10d. bottles. A Mixture with a wide reputation.
GLYCERINE, IPECAC AND LEMON BALSAM. Also in 6d. and 11d. bottles. A favourite with children. Pleasant to take.
GLYCERINE AND CHERRY BALSAM. Also in 6d. bottles.
HOREHOUND, LINSEED, AND HONEY BALSAM. Also in 6d. bottles.
GLYCERINE, HONEY AND LEMON BALSAM.
MENTHOL ELIXIR (Compound).
CHEST AND LUNG MIXTURE.
RED CURRANT LUNG MIXTURE. For voice and throat.

Linseed, Liquorice and Coltsfoot Tablets

OILS.

Camphorated. 2d., 5d., 10½d. and 1/4 bottles.
Camphor & Mustard. 2d., 4d., and 8d. bottles.
Castor. 2d., 4d., 7d., and 10½d. bottles.
Eucalyptus. 2d., 4d., and 6d. bottles.
Machine. 2d., 4d., and 10½d. bottles.
Olive. 2d., 5d., 7d., and 10½d. bottles.

TABLETS AND LOZENGES.

Antiseptic Throat Tablets.
Aspirin Tablets. 3d. boxes and 6d. bottles.
Bismuthated Magnesia Tablets. 1½d. & 3d boxes and 6d. bottles
Chest and Lung Tablets. 4½d. tins.
LAXATIVE TABLETS. 2d. tins and 6d. bottles
MINT TABLETS.
LINSEED, LIQUORICE AND COLTSFOOT TABLETS.
Lemon Thirst Quenchers. 2d. per oz., or 16 for a 1d.
Soda Mint Tablets. 4½d. bottles.
Formalin & Mint Tablets. 4½d. tins and 6d. bottles.
Ammoniated Quinine Tablets. 6d. bottles.
Cascara Sagrada Tablets. 1d. boxes and 4½d. bottles.
Head Tablets. 1d. boxes and 6d. bottles.
Tooth and Nerve Tablets. 1d. packets.
KILKOF Lozenges.
Sulphur Tablets.
PINE TABLETS.
Liquorice & Menthol Pellets. 2½d. tins.
Lung Lozenges.
Wormseed Tablets (Chocolate) 2d. packets.
Mint Lozenges (Special).
Linseed, Liquorice & Horehound Lozenges.
PINEAPPLE THIRST QUENCHERS.

Teething and Cooling Powders for Children

OINTMENTS.

Indian Cerate. 1½d. and 4d. tins. 7d. and 11d. jars.
Boracic Ointment, 1½d. tins, 7d. and 11d. jars.
Cold Cream, 1½d. tins, 7d. and 11d. jars.
Marshmallow Ointment, 1½d. tins, 7d. and 11d. jars.
Sassafras Ointment,
Sulphur Ointment, 1½d. tins, 7d. and 11d. jars.
Zinc Ointment.
1½d. tins and
7d. and 11d. jars.
NATURE'S GREEN OINTMENT. 1½d. tins, 7d. and 11d. jars.
Chillie Paste. 1½d. tins, 7d. and 11d. jars.

TOILET REQUISITES.

VELVET SKIN TABLETS. 1½d. and 3d. boxes.
Camphor Ice. 1½d. tins.
Alexandra Pomade for the hair. 2d. tins.
Hair Wash. 1½d. packets.
Bay Rhum.
Toilet Powder for the Nursery (Zinc, Boracic, and Starch), 1d. packets.
Fullers Earth. 1d. boxes.
Violet Powder. 1d. boxes.
Cocoanut Oil Shampoo. 2d., 6d. and 9d. bottles.
Shampoo Powders. 1½d. and 3d. packets.
Floral Face Powder. 3d. boxes.
Brilliantine solid, 1½d. tins, 7d. and 11d. jars.

POLISHES.

Royal Boot Polish. In black, brown and toney red.
Black—1½d. and 2½d. tins.
Brown and toney red—1½d. tins.
Perfect Floor Polish. 4d., 7d., and 2/- tins.
Furniture Cream (White) 4d., 6d., and 9d. bottles.
Furniture Paste (red or white) 1½d. tins.
Collar Polish. 1d. and 3d. blocks.
Starch Gloss. 2d. boxes.

Seidlitz Powders from Parkinsons

Blood & Stomach Pills made by Parkinsons

FOOD PRODUCTS.

PARKINSONS' (BURNLEY) BAKING POWDER has a world-wide reputation for quality. In 1d., 1½d., and 4½d. packets. 6d. tins. Also sold by weight.

CUSTARD POWDER. Nutritious and creamy. 1d. per packet.

BLANC MANGE POWDERS. Each 2d. box makes one pint of delicious Blanc Mange.

SNOW CAKE FLOWER.—A delicacy for the tea table. 9d. per lb.

Egg Substitute Powder 1d. and 1½d. packets.
Currie Powder. 2d. packets.

GRAVY SALT. Pure and wholesome. 1d. packets and 1½d. tins.

GRAVY BROWNING. Extra strength. 2d. and 5d. bottles.
Ice Cream Powder.

SUNDRIES.

NATURAL HEALTH SALT. "Refreshing as Sea Breezes." A refreshing and invigorating tonic full of health-giving properties. In tins, 7½d. each. Also sold by weight.

LIVER SALT. In 7½d. tins.

WHITE EMBROCATION. An excellent rubbing bottle for the home. 3d., 6d., and 1/- bottles.

STATIONERY PACKETS. Penny packets contain four sheets note-paper, four envelopes and blotting paper.

BILE BEANS. 1d. boxes and 6d. bottles.
Cascara Sagrada (Fluid). 10½d. bottles.
Citrate of Magnesia.
Cod Liver Oil Emulsion. 1/- and 1/6 bottles.
Citrate of Iron and Quinine.
Foot Paint. 3d. bottles.

Head & Stomach Pills made by Parkinsons

Parkinsons' KILKOF for Coughs, Colds,

RECIPES.

BEEF AND HAM ROLL.

1 lb. beef, ¼ lb. ham, ¼ lb. bread crumbs, 1 egg, pepper and salt. Method.—Put beef and ham through the mincer, mix in the bread crumbs and seasoning, bind together with the egg and place in a greased jar, cover the jar with a paper covering, place in a pan of boiling water and steam for 3 or 4 hours. Turn out when cold, coat over with egg and cover with bread crumbs.

PICKLED HERRINGS.

12 salt herrings, 1 oz. white pepper, 12 pepper-corns, 8 shallots, 1 nutmeg, a few small onions, 1 pint vinegar, a little thyme and bay-leaves. Scale the fish, take out the roes without cutting the fish more than necessary, wash them well and lay them in milk for 2 days. Bruise the seasoning shallots and onions well, and stuff the fish with part of the mixture.

Place them in layers in an earthen jar, covering them with a layer of small onions, thyme and bay leaves and boiled vinegar. Stir in the roes and pour over the fish.

BEEF BALLS.

½ lb. beef, 1 cupful breadcrumbs, 1 egg (well beaten), 1 oz. suet, parsley and sweet herbs, salt and pepper, grated nutmeg, fat for frying. Mince the beef, suet and parsley; add other ingredients and mix all together. Form into balls, flour, and fry in boiling fat. Serve with toasted bread or brown gravy.

GINGER WINE.

13 pints water, 4 lbs. fine moist sugar or lumps, 2 ozs. bruised ginger, the peel of 3 lemons. Let it all boil half an hour and stand until it is new milk warm. Put it into your cask or jug with the juice of half the lemons, a tablespoonful of fresh yeast, and ¾ lb. raisins. Stir it 6 or 7 days with a stick. After that time put in a small quantity of isinglass, and fasten it up. In about 6 weeks it will be ready to bottle and soon be ready for use.

Bronchitis, Catarrh, etc., 1/3 per bottle.

CASTLE PUDDINGS.

The weight of 2 eggs in butter, the weight of 2 eggs in sugar, the weight of 2 eggs in flour, ½ teaspoonful of Parkinsons' (Burnley) Baking Powder. Beat the butter to a cream, add eggs (well beaten) then add flour and beat well together; add baking powder last. Butter the cups; only half fill them. Bake for 20 minutes.

SNOW CREAM.

4 ozs. ground rice, 2 ozs. sugar, a few drops of essence of almonds. Add a quart of milk, boil 15 minutes, and pour into a greased mould; when cold turn out.

APPLE OR BANANA FRITTERS.

4 large baking apples or bananas, 2 ozs. of flour, 1 tablespoonful of cream, pinch of salt, 1 egg, 1 tablespoonful of water, pinch of Parkinson s' Baking Powder, juice of 1 lemon. Method —Put flour, salt and yolk of egg into a basin; add cream and water; mix into a smooth paste, let it stand 1 hour; whisk white of egg to a stiff froth, stir in gently with baking powder, peel and cut apples into slices ¼ inch thick; remove all core; squeeze juice of lemon over apples; dip each slice into batter and fry in boiling fat until a golden brown. Drain, dust castor sugar over fritters and serve very hot. For bananas : peel, split, and cut into four.

SULTANA CAKE.

1 lb. flour, 12 ozs. sultanas, 6 ozs. butter, 2 ozs. lard, 1 oz. fine sugar, 2 teaspoonfuls of Parkinsons' Baking Powder, 5 eggs. Beat butter and sugar to a cream, add eggs and flour in turn.

APPLE GINGER.

To 4 lbs. American apples, 4 lbs. sugar, 1 quart water, 2 ozs. essence of ginger. Pare the fruit, take out the core and cut in shapes as like ginger as possible. Boil the sugar and water 25 minutes until it is a nice syrup, then put in the apples, the syrup boiling quickly all the time, stirring as little as possible, add the ginger. It will take about an hour (including the 25 minutes) to clear and become yellow. Any that does not clear, take out, skim it well. Be sure to have your apples all of one kind.

EMERGENCY HINTS.

BURNS AND SCALDS.

1. Exclude air as soon as possible.
2. Apply some emollient, such as Petrojel, olive oil, lanoline, cold cream, or carron oil.
3. Cover with clean lint or linen and a gauze bandage.
4. **Important Point.**—Attend to any **shock** by keeping the patient warm and giving hot drinks. Send for the doctor.

CUTS.

In the case of a clean cut, draw the edges together after drying any moisture, and apply collodion with a camel-hair brush. This forms a temporary skin underneath which the cut heals, A dirty cut or wound must be carefully washed with warm boracic lotion (one teaspoonful of boracic powder to half a pint of water), then dried, dusted with boracic powder, and covered with clean lint and a gauze bandage.

BRUISES AND SPRAINS.

Bruises.—Apply cold water dressings to keep the swelling down.

Sprains—Apply cold water dressings until they cease to relieve pain. Then flannel wrung out of hot water. Keep the part obsolutely at rest until the doctor comes.

SICKNESS.

Provide absolute quiet, fresh air, and warmth. A hot water bag or a poultice to the stomach, relieves the sickness. Keep the limbs warm. Sips of very hot water may be given by the mouth. If due to poisoned food recently taken, an emetic should be given.

DIARRHŒA.

Warmth, rest, abstinence from solid food. A dose of castor oil is the best treatment in ordinary diarrhoea due to irritating material in the digestive canal. Apply a poultice or fomentation over the abdomen if there is pain.

PARKINSONS'

The Safe and Effective Remedy for

Headache, Neuralgia, Rheumatism,

ETC.

Parkinsons' E.Z. Powders

do not contain dangerous drugs and are not lowering to the system. They soothe away the pain and are harmless to the heart.

Don't suffer a day longer. Ask your chemist or any shopkeeper who sells Patent Medicines for them, and if unable to obtain them from your retailer, send a Postal Order or Stamps and we will send a supply by return of post.

PARKINSONS, Manufacturing Chemists, BURNLEY.

1/3 Size (9 Powders) Post Free - 1/4½

3/- Size (27 Powders) Post Free - 3/1½

Keep that bloom of Youth

INSIST ON HAVING

PILLS

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MANUFACTURING CHEMISTS BURNLEY